



Benefit Statement

These activities provide the opportunity to undertake personal challenge, with support and encouragement from the rest of their group– thus helping people understand the value and importance of teamwork. Pushing comfort zones and sense of achievement.

For every session there will be a dynamic risk assessment on arrival and will be on going throughout the activity session

Hazard	Risk	Control Measure	Remaining Risk
Equipment Failure	Various injuries Serious	All equipment checked prior to use. Regular checks, maintenance & renewal schedule All equipment to correspond to required standards Personal protective equipment checked for correct fitting & monitored throughout activity by the instructor	Low
Belayer Error	Serious injury Death	Qualified instructor Briefing & supervision Peer belaying – not normally reliant on a single person	Low
Falling objects	Various injuries	Helmets worn at all times in the climbing area Climbers to remove items from pockets Effective group management and briefing	Low
Watches Jewellery/ Piercings	Minor	All watches, rings, earrings should be removed or covered with appropriate tape Belly button piercings are required to be removed or protected with tape/dressing	Low
Holds spinning/ breaking	Minor	Condition of holds, monitored, on a regular basis by the climbing wall as per there risk assessment Helmets worn all times within climbing area Good group management and briefing Climbing route closed until hold re-secured by staff	Low
Muscle / Joint injuries	Minor	Use appropriate climbing specific warm-up activities Good coaching of climbing principles Recognition of overuse injuries, session managed with rests and recovery time	Low / Medium